

Penalty Summary

Loss of 5 Yards	Reference	Signal
1. Failure to properly wear mandatory player equipment during down	1-5-6	27-23
2. Delay of Game	3-6-2,5; 6-5-5	7-21
3. Failure to properly wear mandatory player equipment just before snap	3-6-2d	7-21-23
4. Illegal substitution	3-7	22
5. Free kick infraction	6-1-2	7-19
6. Encroachment	6-1-3; 7-1-1,5,6	7-18
7. Free kick out of bounds	6-1-8	19
8. Invalid or illegal fair-catch signal	6-5-7, 8	32
9. Snap infraction	7-1-2,3	7-19
10. False Start	7-1-7	7-19
11. Illegal formation	7-2-1,2,3	19
12. Less than seven players on A's line or numbering violation	7-2-5	19
13. Illegal shift or illegal motion	7-2-6,7	20
14. Planned loose ball infraction	7-2-8	19
15. Illegally handing the ball forward (also loss of down)	7-3-2,3	35-9
16. Illegal forward pass (by A) (also loss of down)	7-5-2	35-9
17. Illegal forward pass (by B)	7-5-2	35
18. Intentional grounding (also loss of down)	7-5-2c,d	36-9
19. Ineligible receiver illegally downfield	7-5-12	37
20. Illegal touching (also loss of down)	7-5-13	16
21. Helping runner	9-1	44
22. Incidental face mask	9-4-3	45
23. Running into kicker/holder	9-4-5	30
24. Sideline interference	9-8-1k	7-29
25. Attendant illegally on field	9-8-2	19
26. Nonplayer outside of the team box, but not on field	9-8-3	7-29

Loss of 10 Yards

1. Illegal blocking technique	9-2-1a; 9-2-3a	42
2. Interlocked blocking	9-2-1b	44
3. Holding	9-2-1c; 9-2-3e	42
4. Runner grasping a teammate	9-2-2	42
5. Illegal use of hands or arms	9-2-3a,b,d	42
6. Illegal block in the back	9-3-5	43

Loss of 15 Yards

1. Unsportsmanlike conduct by player or nonplayer	1-5-2,3,5; 9-5, 9-8-1, 9-9	27
2. Illegally kicking or batting ball	6-2-1; 9-7	31
3. Illegal block after valid or invalid fair-catch signal	6-5-1; 9-3-3	40
4. Kick-catching interference	6-5-6	33
5. Forward pass interference (loss of down if by A- give signal 33 and 9, also first down if by B)	7-5-10	33
If intentional an additional 15 yards	7-5-10	27
6. Illegal block below waist or on free-kicker or holder	9-3-2, 4	40
7. Clipping	9-3-5	39
8. Chop Block	9-3-6	41
9. Illegal personal contact	9-4-3	38
10. Tripping	9-3-7	46
11. Charging into an opponent obviously out of the play	9-4-3	38
12. Grasping an opponent's face mask (or any helmet opening)	9-4-3	38-45
13. Butt Block, face tackle or spear	9-4-3	24
14. Roughing passer (also first down)	9-4-4	34
15. Roughing kicker or holder (also first down)	9-4-5	38-30
16. Roughing snapper (also first down)	9-4-6	38
17. Slapping blocker's head	9-4-7	38
18. Illegal participation	9-6	28
19. Sideline interference (third and subsequent)	9-8-1k, 3	7-29-27
20. Nonplayer illegally on field	9-8-3	27

Disqualification associated with Certain 15 yard penalties

1. Fighting by player or nonplayer	9-4-1	38-47
2. Intentionally contacting an official	9-4-2	38-47
3. Striking, kicking, kneeling	9-4-3	38-47
4. Ant act if unduly rough or flagrant	9-4	47
5. A second unsportsmanlike foul by player or nonplayer	9-5, 8	27-47
6. A substitute leaving team box during a fight	9-8-11	27-47